

Course Name	Course Location	Instructor Name	Day of the Week	Course Dates	Course Times	Note:
Zen Chair Yoga	Zoom (not recorded)	Jody Weber	Thursday	9/05, 9/12, 9/19, 9/26	8:00-9:00am	Course meets 4 times.
Top Shelf I: Reading & Discussing Shakespeare's <i>Julius Caesar</i> , <i>King Lear</i> & <i>Hamlet</i>	Zoom (recorded)	John Winters	Friday	9/06, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25	12:00-1:20pm	Course meets 8 times.
Deja-Vu & Tricks of the Mind	Zoom (not recorded)	Caroline Stanley	Monday	9/09, 9/16, 9/23, 9/30	10:00-11:20am	Course meets 4 times.
The Legacy of Greece	Bridgewater Public Library	Aeon Skoble	Monday	9/09, 9/16, 9/23, 9/30, 10/07, 10/21	9:45-11:05am	

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Bonjour Français! Beginning French 1	Center for Active Living Plymouth	Ed Priest	Monday	9/09, 9/16, 9/23, 9/30, 10/07, 10/21	1:10-2:30pm	Course cap: 36
American Art: Gilded Age to Cold War 1950s	Easton Council on Aging Frothingham Hall	Jim Kirkcaldy	Monday	9/09, 9/16, 9/23, 9/30, 10/07, 10/21	12:30-1:50pm	Course cap: 30
How to Start a Mindful Journaling Practice	Easton Council on Aging Frothingham Hall	Shelley Leahy	Monday	9/09, 9/16, 9/23, 9/30, 10/07, 10/21	2:10-3:30pm	Course cap: 30
Before We Were Here: A History of 1920s America	Zoom (recorded)	Nan Loggains	Tuesday	9/10, 9/17, 9/24, 10/01, 10/08, 10/15	10:00-11:20am	
Ukraine Needs Victory: Reflection on the Russian Invasion, Global Geopolitics, and the Future of Democracies	Zoom (recorded)	Feodor Gostjev	Tuesday	9/10, 9/17, 9/24, 10/01, 10/08, 10/15	4:00-5:20pm	
Plants and Human History	Zoom (recorded)	Ron Aakjar	Tuesday	9/10, 9/17, 9/24, 10/01, 10/08, 10/15	5:00-6:20pm	

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Discover Your Inner Actor! Introduction to Acting	Center for Active Living Plymouth	Sheila Kelleher	Thursday	9/12, 9/19, 9/26, 10/03, 10/10, 10/17	11:30am-12:50pm	
The Contemporary Art Scene	Center for Active Living Plymouth	Jim Kirkcaldy	Thursday	9/12, 9/19, 9/26, 10/03, 10/10, 10/17	1:10-2:30pm	
Image Study: Improving Your Photos	Zoom (recorded)	Ron Reynolds	Friday	9/13, 9/20, 9/27, 10/04, 10/11, 10/18	9:30-10:50am	
Runnin' with the Sons of Liberty	Zoom (recorded)	Sandra Temple	Friday	9/13, 9/20, 9/27, 10/04, 10/18, 10/25	2:00-3:20pm	No class 10/11 (Yom Kippur).
Mindfulness Practices for Optimal Physical Health and Well-Being	Zoom (recorded)	Cheryl Jones	Tuesday	9/17, 9/24, 10/01, 10/08, 10/15, 10/22	2:00-3:20pm	
Political Discussion: Issues of the Day	Zoom (not recorded)	Nan Loggains	Wednesday	9/18, 9/25, 10/02, 10/09, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 12/04, 12/11	10:00-11:20am	Course meets 12 times (no class 11/27).
Introduction to Drawing - Part 3- Portraits	Bridgewater State University	Laurie J. Ferrini Halls	Saturday	9/21, 9/28, 10/05, 10/19, 10/26, 11/02	9:30-10:50am	The specific campus classroom location will be shared with participants. Course cap: 18 participants Course fee: \$15 (does not include supplies).

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Watercolor for Beginners - Part 2	Bridgewater State University	Laurie J. Ferrini Halls	Saturday	9/21, 9/28, 10/05, 10/19, 10/26, 11/02	11:10am-12:30pm	The specific campus classroom location will be shared with participants. Course cap: 12 participants Course fee: \$15 (does not include supplies).
Exploring Poetry: The Old and the New	Zoom	Susan Levasseur	Monday	9/23, 9/30, 10/07, 10/21, 10/28, 11/04, 11/18, 12/02	1:00-2:20pm	Course meets 8 times.
Buongiorno Italia: Conversational Italian: Part 2	Bridgewater Senior Center	Alfred Crudale	Tuesday	9/24, 10/01, 10/08, 10/15, 10/22, 10/29	1:00-2:20pm	
Jin Shin Jyutsu: Balancing the Energies of Body, Mind, and Spirit for Health and Wellbeing	Bridgewater Senior Center	Pat Kane	Tuesday	9/24, 10/01, 10/08, 10/15, 10/22, 10/29	2:30-3:50pm	

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Reconnecting with Math: Embracing the Productive Struggle	Zoom (recorded)	Chantal Kassa	Tuesday	10/01, 10/08, 10/15, 10/22, 10/29, 11/12	5:00-6:20pm	
How to Maximize Communication & Interaction between Baby Boomers, Silent Generation, Gen X, Gen Y/ Millennials, and Gen Z	Zoom (not recorded)	William Brennan	Tuesday	10/01, 10/08, 10/15, 10/22, 10/29, 11/12	5:30-6:50pm	
Learn to Fold Flowers with Origami	Zoom (recorded)	Andrea Plate	Wednesday	10/02, 10/09, 10/16, 10/23, 10/30, 11/06	9:30-10:50am	
Exploring World Religions: Origins, Beliefs, and Practices	Zoom (recorded)	Nate DesRosiers	Wednesday	10/02, 10/09, 10/16, 10/23, 10/30, 11/13	1:00-2:20pm	

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Course Name	Course Location	Instructor Name	Day of the Week	Course Dates	Course Times	Note:
Exploring Modern Ireland Through Literature: The Next Chapter	Zoom (recorded)	Paul Pelan	Thursday	10/03, 10/10, 10/17, 10/24, 10/31, 11/07	6:30-7:50pm	
Rebels and Rogues: The World of Witches and Pirates	Bridgewater State University	Renee Somers	Friday	10/04, 10/11, 10/18, 10/25, 11/01, 11/08	12:00-1:20pm	The specific campus classroom location will be shared with participants.
Introduction to American Sign Language	Zoom (recorded)	Glenna Caliendo	Monday	10/07, 10/21, 10/28, 11/04, 11/18, 11/25	9:00-10:20am	
The Societal Impact of Drugs and Addiction	Zoom (not recorded)	Suzanne Buglione	Monday	10/21, 10/28, 11/04, 11/18, 12/02, 12/09	2:30-3:50pm	
Winter Gardening Mother Nature Never Rests!	Zoom (recorded)	Ron Aakjar	Tuesday	10/22, 10/29, 11/12, 11/19, 12/03, 12/10	5:00-6:20pm	
Mid-Day Mindful Moments	Bridgewater Public Library	Penny King	Tuesday	10/22, 10/29, 11/12, 11/19, 12/03, 12/10	12:00-1:20pm	
What Does this Dream Mean?	Bridgewater Public Library	Curtiss Hoffman	Tuesday	10/22, 10/29, 11/12, 11/19, 12/03, 12/10	1:40-3:00pm	
Power, Privilege, and Oppression	Zoom (recording will be decided collectively)	Chanelle Melton	Thursday	10/24, 10/31, 11/07, 11/14, 11/21, 12/05	12:40-2:00pm	

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Advanced Scene Study	Center for Active Living Plymouth	Sheila Kelleher	Thursday	10/24, 10/31, 11/07, 11/14, 11/21, 12/05	11:30am-12:50pm	Course cap: 36
Keeping Your Mind Sharp As You Age	Center for Active Living Plymouth	Bob Santulli	Thursday	10/24, 10/31, 11/07, 11/14, 11/21, 12/05	1:10-2:30pm	Course cap: 36
Studies in Earth Sciences: Motions in the Heavens	Zoom (recorded)	Ron Reynolds	Friday	10/25, 11/01, 11/08, 11/15, 11/22, 12/06	9:30-10:50am	
Cold War Jitters	Bridgewater Public Library	Jim Kirkcaldy	Monday	10/28, 11/04, 11/18, 11/25, 12/02, 12/09	9:45-11:05am	
Crafting the Republic: A Journey Through the U.S. Constitution	Bridgewater Public Library	Ray Ajemian	Monday	10/28, 11/04, 11/18, 11/25, 12/02, 12/09	11:25am-12:45pm	
Ukulele 1	Center for Active Living Plymouth	Ed Priest	Monday	10/28, 11/04, 11/18, 11/25, 12/02, 12/09	11:30am-12:50pm	
Encore! Beginning French 2	Center for Active Living Plymouth	Ed Priest	Monday	10/28, 11/04, 11/18, 11/25, 12/02, 12/09	1:10-2:30pm	
The Contemporary Art Scene	Easton Council on Aging Frothingham Hall	Jim Kirkcaldy	Monday	10/28, 11/04, 11/18, 11/25, 12/02, 12/09	12:30-1:50pm	Course cap: 30

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The History of American Presidential Elections	Easton Council on Aging Frothingham Hall	Ray Ajemian	Monday	10/28, 11/04, 11/18, 11/25, 12/02, 12/09	2:10-3:30pm	Course cap: 30
Just Yesterday: Very Modern American History	Zoom (recorded)	Nan Loggains	Tuesday	10/29, 11/5, 11/12, 11/19, 12/03, 12/10	10:00-11:20am	
Finding Joy: A Literary Journey	Zoom (recorded)	Ellen Snoeyenbos	Wednesday	10/30, 11/06, 11/13, 11/20, 12/04, 12/11	10:00-11:20am	

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Note:

In-person course locations:

Bridgewater Public Library
15 South Street
Bridgewater, MA 02324
508.697.3331

Bridgewater State University
131 Summer Street
Bridgewater, MA 02325
508.531.1052

Easton Council on Aging
Frothingham Hall Community Center
15 Barrows Street
North Easton, MA 02356
508.230.0690

Bridgewater Senior Center
10 Wally Krueger Way
Bridgewater, MA 02324
508.697.0929

Center for Active Living Plymouth
44 Nook Road
Plymouth, MA 02360
508.830.4230

Hingham Center for Active Living
224 Central St
Hingham, MA 02043
781.741.1458

Weather related cancellations

In the event of inclement weather, power outages, or other emergency situations please visit the BSU website www.bridgew.edu or check your local radio or TV station. If BSU is closed for ANY reason, Senior College courses are also cancelled (at all of our in-person locations and even if they meet via Zoom). We will make every effort to makeup missed class meetings due to weather or other unexpected situations, but do not guarantee that cancelled sessions will be made up.